



2016 Hemophilia of North Carolina Walks Fact Sheet

- What:** The Hemophilia Walk is the National Hemophilia Foundation's (NHF) largest event dedicated to finding better treatments and cures for bleeding and clotting disorders, and to preventing the complications of these disorders through awareness, education, advocacy and research. The walk in North Carolina is a collaborative effort between NHF and Hemophilia of North Carolina (HNC).
- Why:** Now in its 68th year, NHF continues to be a vital resource for prevention education and provides a network of support for Americans living with bleeding disorders and their families. HNC has been assisting the bleeding disorders community in the state for over 40 years. We support families through ongoing educational programs, peer support groups, patient advocacy, emergency financial assistance, scholarships and support for summer camps that our children attend.
- When:** • **Saturday, April 16, 2016** • **Saturday, October 15, 2016**
- Where:** Mint Street at 3rd & MLK Blvd Lake Crabtree County Park
Charlotte, NC Morrisville, NC
- Check-in begins at 9:00am / Walks begins at 10:00am*
- Distance:** 5K Walk / 3.1 Miles or 1.5 Miles (short route)
- How:** Sign up for the Walk online by visiting www.hemophilia.org/walk
Everyone (including four-legged friends) is welcome to participate!
- Teams:** Form a team. Enlist as a Team Captain, choose a Team name and recruit team members from your circle of friends, family, co-workers and neighbors.
- Volunteer:** Volunteers are vital to the Walk's success! A great opportunity for groups, help is needed before and during the Walk. Individuals are also encouraged to volunteer! Call Charlene Cowell at 800- 990-5557 or email us at info@hemophilia-nc.org for more details on how you can help!
- Contact:** Charlene Cowell, Executive Director, Hemophilia of North Carolina at **(800) 990-5557** or info@hemophilia-nc.org.